

**GOVT. COLLEGE FOR WOMEN
GANDHI NAGAR, JAMMU**

NAAC ACCREDITED: GRADE "A" (CURRICULUM VITAE)

- 1. Department** : HIGHER EDUCATION DEPARTMENT
- 2. Name** : NEETU RAINA
- 3. Father's Name** : SH. PREM PAUL RAINA
- 4. Present Address** : H. NO. 141, SEC – 6, LANE – 6,
NANAK NAGAR JAMMU
- 5. Permanent Address** : H. NO. 141, SEC – 6, LANE – 6,
NANAK NAGAR JAMMU
- 6. Contact No.** : +91-94192-75798
- 7. Email Id** : neeturaina45@gmail.com
- 8. Current Designation** : Assistant Professor
- 9. Current Pay Band and Grade Pay** : Rs. 67,700 – 20,8700, Level – 11
- 10. Date of Last Promotion with Order No.** : Senior Scale
(Order Copy Attached)
- 11. Due Date of Next Promotion** : 17th December 2020 & Dec, 2023.
- 12. Date and Place of Birth** : 15th September 1980, Jammu
- 13. Gender** : Female
- 14. Marital Status** : Married
- 15. Nationality** : Indian
- 16. Category to which belongs** : General
- 17. Date of Joining** : December, 2009(Higher Education)
- 18. Qualification** : .,M.A. (Education), B.Ed. & NET, Ph.D.
in Higher Education Department
- 19. Area of Specialization** : Psycho, Social & Teacher Education

20. Academic Qualification

Examination Passed	Board / University	Subjects	Year	Division / Grade Merit
SSC	JKBOSE	English, Hindi, S.S.T, Science, Math	1996	1 st Grade
Higher Secondary	JKBOSE	English, Economics, Education, Psychology	1998	1 st Grade
Bachelor's Degree (s)	University of Jammu	English, Economics, Education, Psychology	2002	1 st Grade
Master's Degree (s) (M.A / M.Sc.)	University of Jammu	Education	2003	1 st Grade
Ph.D.	University of Jammu	Education		
NET / SLET	University Grand Commission (UGC)	Education	2006	
Other Diploma Certificates etc. (B.Ed.)	University of Jammu	Education in Emerging Society Foundation of Education Management of School Education, Trends in EMAE, Teaching of English, Education & Social Science	2004	2 nd Grade

21. Research Experience & Training

Research Stage	Title of Work / Thesis	University where the work was carried out	Year
Ph.D.	The Effort of Work-Family Pressure, College Climate and Burnout on Job Satisfaction of College Teachers of Jammu Province	University of Jammu	2022

22. Post Held after Appointment in Higher Education Department

Designation	From	To	Pay Band with Grade Pay
Lecturer / Assistant Professor	17 th December 2009	23 rd December 2011	Rs. 15900 + 6000
Senior Scale		23 rd December 2015	Rs. 26700
Selection Grade		23 rd December 2020	At Present Rs. 26700
Associate Professor			

23. Details of College / Departments were served till date

Designation	Department / College	From	To
Lecturer	Govt. Degree College, Reasi	23 rd December 2009	9 th January 2010
Lecturer	M.A.M. College, Jammu	17 th December 2009	23 rd December 2011
Senior Scale	Govt. College for Women, Udhampur	23 rd December 2012	23 rd December 2015
Selection Grade / Associate Professor	List Awaited		

24. Details of Research Publications

	Title with Year / Vol. / Pg. No.	ISSN No. / ISBN No.	International	National	Others	Impact Factor	H-Index	Whether you are Main Author	No. of Co-Authors
Peer Review E-Journals	Antecedent Effect of Demographic Variable on Work-Family Pressure, 2018, 9(5)	0025-1348	International	-	-	5.250	-	No	-
Peer Review E-Journals	Value Crises: Raises Criminal Victimization of Female Children (EAH-2019) 1(1), 30-32	978-93-85-822-89-6	International on Contemporary Issues in Engineering, Agriculture, Applied Sciences and Humanities						
Peer Review E-Journals	Impact of Demographic Variable on College Climate of Teachers working in Higher Education Department 2020 10(5), 16-22	2249-2496	International Journal of Research in Social Science	-	-	7.081	-	No	-

Peer Review E-Journals	Techno-Pedagogy: It's Accessibility at the time of Pandemic (Covid-19) in UT of Jammu & Kashmir	0975-0797	-	Journal of Education & Pedagogy	-	-	-	Yes
UGC Approved Care List Journal Shod Sanchar (March - 2021)	The Effect of Burnout on College Teachers of Jammu District	ISSN 2229-3620		Shod Sanchar Bulletin				No

25. Seminars, Conferences, Symposia, Workshops, Orientation Programme, Refresher Courses Attended

i. Seminars:

Name of Seminar	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
Role of Teacher: Inculcation of Values	National Seminar	B.N. College of Education	Nawabad, Sunjwan, Jammu on 2 nd Feb. 2012
Challenges to Teacher Education in the Millenium	National Seminar	Govt. College of Education	Canal Road, Jammu on 18 th & 19 th Feb. 2015
Paradigm Shift in Teacher Education	National Seminar	Deptt. of Education, University of Jammu under UGC-SAP	Dr. Ambedkar Road, Jammu on 16 th March 2016
Life Long Learning and Sustainable Rural Development	National Seminar	Deptt. of Long Learning, University of Jammu	Dr. Ambedkar Road, Jammu on 22 nd to 23 rd Feb. 2017
Enhancing Quality in Higher Education A Paradigm Shift towards Global Consciousness	National Seminar	Govt. M.A.M. College	Dr. Ambedkar Road, Jammu on 12 th to 13 th Nov. 2013
Higher Education: Realities, Challenges, Trends & Priorities	NAAC Sponsored National Seminar	Govt. College for Women, Parade	Parade City, Jammu on 21 st to 22 nd May 2013

Life Long and Sustainable Rural Development	National Seminar	Deptt. of Life Long Learning, University of Jammu	Dr. Ambedkar Road, Jammu on 22 nd to 23 rd Feb. 2017
Curriculum concerns for Quality in Teacher Education	National Seminar	P.G. Deptt. of Education, University of Jammu under UGC-SAP (DRS-II)	Dr. Ambedkar Road, Jammu on 15 th March 2019
Innovative Curriculum Development Practices in Teacher Education	National Seminar	P.G. Deptt. of Education, University of Jammu	Dr. Ambedkar Road, Jammu on 17 th Feb. 2017
Diversity and Inclusive Education in Indian Scenario: Issues Challenges and Prospects	National Seminar	Under UGC-SAP (DRS-II), University of Jammu	Dr. Ambedkar Road, Jammu on 16 th Feb. 2018

ii. Conferences:

Name of Conference	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
World Yoga Conference	International Conference	University of Jammu	21 st to 23 rd Feb. 2013
Global Warming “The Biggest Challenges of 21 st Century”	International Conference	UGC Sponsored, GDC Udhampur	24 th to 26 th Feb. 2012
Convention on Elimination of all form of Discrimination against Women	International Conference	Centre for Women Studies, GCW Parade, Jammu	25 th to 26 th March 2013
Women in the Changing World of Work: Planet 50-50 by 2030	International Conference	Women Studies Centre, Punjab University, Patiala	22 nd Nov. 2017
Contemporary Issue in Engineering, Agriculture, Applied Science and Humanities (EAH-2019)	International Conference	Deptt. of Metallurgical and Materials Engineering NIIT Srinagar, Jammu & Kashmir & Krishi Sanskriti, New-Delhi	22 nd to 23 rd June 2019
Multidisciplinary Approach to Gender Studies	National Conference	Govt. College for Women, Udhampur	29 th to 30 th Jan.2019
Revisiting the virtues of Gandhian Philosophy: Relevance and Applicability in the 21 st Century	International Conference	University of Jammu and Central University of Jammu & Sarvodaya International Trust	7 th to 8 th Nov. 2019
Indian Academy of Health Psychology	International Conference	Deptt. of Psychology, University of Jammu	6 th to 8 th Dec. 2015

Critically Empathy and Welfare in Contemporary Educational Discourses	International Conference	P.G. Deptt. of Education, University of Jammu	16 th to 18 th Nov. 2017
Recent Advances in the field of Management, Law, Education and Technology: National Education Policy 2020: Importance of Teacher and college climate	International Conference (On line)	Aligarh Muslim University	2 nd June, 2022
One Earth , One Family , One Future	International Conference (On line)	Govt. Degree College Bani	28 th to 29 th April, 2023
Name of Symposium	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
Policy 2020 for School and Higher Education (INEPSH-2020)	Implementation of National Education organised by P.G. Department of Education, Rashtrasant Tukadoji, Maharaj Nagapur University	P.G. Deptt. of Education Rashtrasant Tukadoji, Maharaj Nagpur University	Nagpur on 11 th to 12 th Nov. 2020

Name of Webinars	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
Mini Workshop cum Webinar on E-Content Development	G.G.M. Science College	G.G.M. Science College	Jammu on 16 th August 2020
Role of Women in Self-Reliant Indian	Students for Holistic Development of Humanity (SHODH) Haryana in collaboration with Dattopant Thengadi Centre for Development Studies (DTCDS) Chaudhary Dami Lal University, Bhiwan	Students for Holistic Development of Humanity (SHODH) Haryana in collaboration with Dattopant Thengadi Centre for Development Studies (DTCDS) Chaudhary Dami Lal University, Bhiwan	Haryana on 24 th to 25 th June 2020
Issues Challenges and Career Opportunities during and post Covid-19	Govt. Degree College for Women, Kathua	Govt. Degree College for Women, Kathua	Kathua, J&K on 26 th June 2020
International Webinar & Quiz on Challenges of Education during Covid-19	Govt. P.G. College, Poonch	Govt. P.G. College, Poonch	Poonch, J&K on 30 th May 2020

iii. Workshops:

Name of Workshops	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
Scale Development and Validation	National workshop organised by Udhampur Campus, University of Jammu	Udhampur Campus, University of Jammu	Udhampur on 10 th to 16 th June 2017
Research Methodology	National Workshop organised by P.G. Department of Education, University of Jammu	P.G. Department of Education, University of Jammu	Dr. Ambedkar Road, Jammu on 1 st to 7 th Jan. 2018
Research Methodology for Social Sciences and Humanities	National Workshop organised by UGC HRDC, University of Jammu	UGC HRDC, University of Jammu	Dr. Ambedkar Road, Jammu on 22 nd to 27 th Feb. 2021
FDP One week Faculty Development Programme on ICT for Teaching & Learning	Organised by TLC Ramanujan (PMMMNMTT)	(PMMMNMTT)	30 th April to 6 th of May 2023.

iv. Orientation Programmes

Name of Orientations Programmes	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
General Orientation Course	-	UGC Academic Staff College, University of Jammu	Dr. Ambedkar Road, Jammu on 2 nd to 30 th March 2012

v. Refresher Course

Name of Refresher Course	College / Universities / State / National / International Level	Name of the Sponsoring Agency	Place and Date
Refresher Course in Education	-	UGC HRDC, University of Jammu	Dr. Ambedkar Road, Jammu on 18 th to 8 th Feb. 2016
Refresher Course in Environmental Science	-	UGC HRDC, University of Jammu	Dr. Ambedkar Road, Jammu on 27 th to 18 th Dec. 2017

Refresher Course in Disaster Management	-	UGC HRDC, University of Jammu	Dr. Ambedkar Road, Jammu on 3 rd to 17 th Jan. 2020
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26. Whether you have served as Expert / Chairperson / Resource Person

Name of the Event	Expert / Chairperson / Resource Person	International / National / State / University / College	Place	Date
Nil	Nil	Nil	Nil	Nil

27. a. Whether you are using ICT (Information and Communication Technology) in Teaching

YES NO

b. If of classes during ICT of session 2015-2016: NIL

28. No. of Awards received / Special Achievements : NIL

29. Teaching Experience:

Courses Taught	Name of the University / College / Institution	Duration
Under-Graduate (B.A. / B.Sc. etc.) (B.A. English Hons.)	GDC Reasi, M.A.M. College Jammu, GCW Udhampur, P.G. College for Women Gandhi Nagar, Jammu	11+ Yrs.
Post-Graduate (M.A. / M.Sc. etc.)	Nil	Nil
Any other (e.g., Women Study, Skill Development, Add on courses, coaching (JUET, CET) etc.)	Nil	Nil

30. Total Teaching Experience in College

i. Regular Capacity

a. Under-Graduate : 11+ Yrs.

b. Under-Graduate (Hons.) : Nil

c. Post-Graduate : Nil

ii. Temporary Capacity

a. Under-Graduate : 5 Yrs.

b. Under-Graduate (Hons.) : Nil

c. Post-Graduate : Nil

31. Total Teaching Experience in School : As Contractual Lecturer One Year

32. Innovations / Contributions in Teaching:

a)	Design of Curriculum	:	Yes, (Attended the Meeting and Member of Board of Studies in Education from GCW Udhampur on 03-01-2017 in the Department of Education, University of Jammu. Frame the syllabi of Choice-Based Credit System at Under-Graduate Level from 3 rd to 6 th Semesters
b)	Teaching Methods	:	Lecture Method & Blended Learning
c)	Laboratory Experiments	:	No
d)	Evaluation Methods	:	Through Class Test & Questioning
e)	Preparation of Resources Material (including books, reading materials: Laboratory Manuals etc.)	:	Nil
f)	Remedial Teaching / Student Counselling (Academic)	:	Nil
g)	Any Other	:	Nil

33. Extension Work / Community Service:

a)	Please give a short account of your contribution to	:	Nil
i.	Community Work (such as values of National Integration, Secularism, Democracy, Socialism, Humanism, Peace, Scientific Temper, flood or drought relief, small family norms etc.)	:	Nil
ii.	National Literacy Mission	:	Nil
b)	Positions held / Leadership Role played in organisation linked with extension work and National Service Scheme (NSS) or NCC or any other similar activity	:	Nil

34. Participation in Corporate Life:

Please give a short account of your contribution to:

a)	College / University / Institution	:	Nil
b)	Co-Curricular Activities	:	Nil
c)	Special Contribution in enriching the campus and campus life (Hostels, Sports, Games, Cultural Activities, Cleanliness etc.)	:	Nil
d)	Students Welfare and Discipline	:	Nil
e)	Membership / Participation in Bodies / Committees. On Education and National Development (College Level) indicating your personal contribution	:	Member of Board of Studies (2016, 2017 & 2018) holding the position of HOD Education GCW Udhampur

f)	Contribution to the College by being the Member of Organisation (Any or All of the Above)	:	Member of Women Development Studies (2016, 2017 & 2018) GCW Udhampur
g)	Contribution to the College by being the Member of Organisation (Any or All of the Above)	:	In GCW Udhampur (2013 to 2019)
h)	Membership of Professional / Academic Bodies, Societies etc.	:	Member of Board of Studies and Attended various Meetings of Board of Studies from (2013 to 2019) from GCW Udhampur
i)	Editorship of Journals	:	Nil

35. Any Other Information:

- ❖ *As a student secured 9th Position in Higher Secondary Examination under JKBOSE.*
- ❖ *As a college student participated in various cultural activities, literary activities and represent college at National Level.*
- ❖ *Alumni of Padma Shri Padma Sachdev Govt. P.G. College for Women, Gandhi Nagar, Jammu (Present College)*
- ❖ *As a teacher attended various National, International Seminars, Workshops, Conferences and presented various papers, having four publications in Peer Reviewed Journals.*
- ❖ *Member of Comparative Education Society of India (CESI).*
- ❖ *Acted as Nodal Officer of G.C.W Gandhi Nagar in PMSSS in the year May 2023 and also conducted workshop.*
- ❖ *100% result in 5th Sem. (Skill Course) in the year 2019 to 2022.*

NEETU RAINA
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